

## PERSONAL STYLE ASSESSMENT

Name: \_\_\_\_\_

### DIRECTIONS

1. For each item, select the word or phrase that best describes what you would prefer to do or be in most situations. If what you would prefer to do or be is somewhere between the two different words or phrases, circle a number in between.
2. Do not answer according to what you feel is expected by a spouse, family member, employer, etc. Select the behavior or perspective that would come naturally to you if you knew there were no restrictions on or consequences for your personal expression.
3. Then add up the number in the organized (“O”) category and add up the number in the energized (“E”) category.

### HOW ARE YOU ORGANIZED?

1.	While on vacation I prefer to	be spontaneous	1 2 3 4 5	follow a set plan
<hr/>				
2.	I prefer to set guidelines that are	general	1 2 3 4 5	specific
<hr/>				
3.	I prefer to	leave my options open	1 2 3 4 5	settle things now
<hr/>				
4.	I prefer projects that have	variety	1 2 3 4 5	routine
<hr/>				
5.	I like to	play it by ear	1 2 3 4 5	stick to a plan
<hr/>				
6.	I find routine	boring	1 2 3 4 5	restful
<hr/>				
7.	I accomplish tasks best	by working it out as I go	1 2 3 4 5	by following a plan

*How are you organized?*

**Total “O” =** \_\_\_\_\_

### HOW ARE YOU ENERGIZED?

1.	I’m more comfortable	doing things for people	1 2 3 4 5	being with people
<hr/>				
2.	When doing a task, I tend to	focus on the goal	1 2 3 4 5	focus on relationships
<hr/>				
3.	I get more excited about	advancing a cause	1 2 3 4 5	creating community

4.	I feel I have accomplished something when I've	gotten a job done	1 2 3 4 5	built a relationship
5.	It is more important to start a meeting	on time	1 2 3 4 5	when everyone gets there
6.	I'm more concerned with	meeting a deadline	1 2 3 4 5	maintaining the team
7.	I place a higher value on	action	1 2 3 4 5	communication

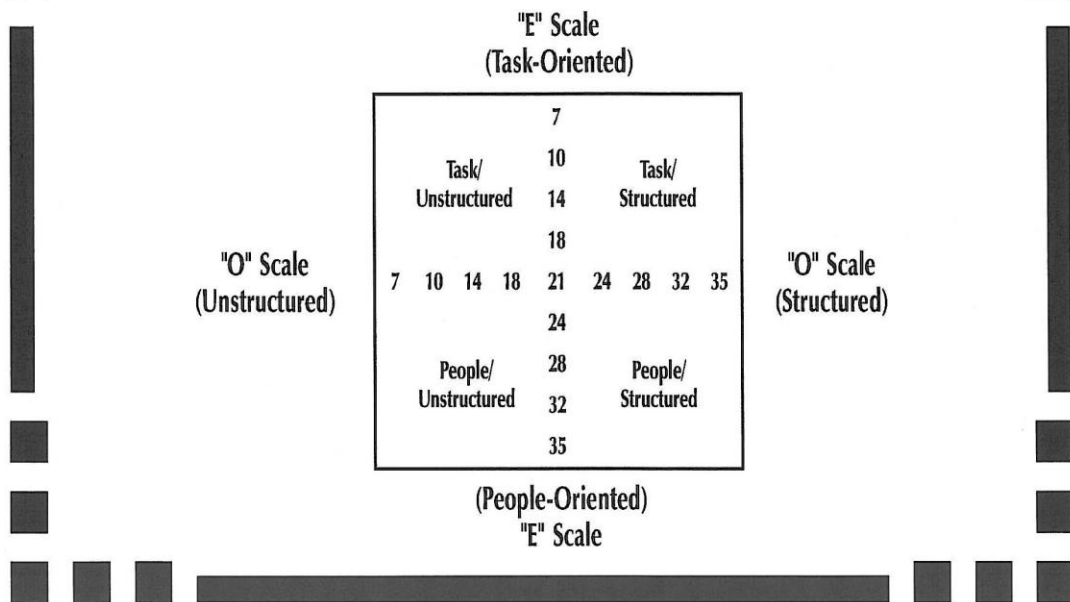
How are you energized? Total "E" = \_\_\_\_\_

**TABULATE YOUR PROFILE**

1. On the grid below, put an X on the "O" scale that corresponds to your "O" total from page 1.
2. On the grid below, put an X on the "E" scale that corresponds to your "E" total from above.
3. Draw a vertical line through the X marked on the "O" scale.
4. Draw a horizontal line through the number circled on the "E" scale.
5. Your Personal Style is indicated where the lines meet.

**THE FOUR PERSONAL STYLE QUADRANTS**

**FOUR PERSONAL STYLE QUADRANTS**



Please complete the following, copying your results below. Then tear this page off and return it to the Church office.

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

## FOUR PERSONAL STYLE QUADRANTS

"E" Scale  
(Task-Oriented)

"O" Scale  
(Unstructured)

		7							
	Task/ Unstructured	10		Task/ Structured					
		14							
		18							
7	10	14	18	21	24	28	32	35	
		24							
	People/ Unstructured	28		People/ Structured					
		32							
		35							

"O" Scale  
(Structured)

(People-Oriented)  
"E" Scale