

# International Friends Michigan Class Schedule for 2022-2023

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## MONDAY

**Moms and Tots (A and B)** - Jan Roth-Heikkinen, Certified Preschool Teacher. *(All English levels welcome)*  
Designed for American and International children and their moms. Do craft activities, sing songs, read books, and go on a few field trips. Easy English.

**Mom's & Tot's (A)** - 10:00 - 11:30 a.m.

**Mom's & Tot's (B)** - 1:00 - 2:30 p.m.

**Beginning English (A and B)** - Rebecca Masters *(English level 1-2)*

Practice basic English skills (pronunciation, vocabulary, listening) and learn about American customs to feel more comfortable in America.

**Beginning English (A)** - 10:00 - 11:30 a.m.

**Beginning English (B)** - 1:00-2:30 p.m.

## TUESDAY

**Conversation (A and B)** - Jan Roth-Heikkinen *(English level 3-5)*

Speak in small groups with 2-3 Americans at each table. Conversations about holidays, traditions, American life...

**Conversation (A)** -10:00-11:30 a.m.

**Conversation (B)** - 1:00-2:30 p.m.

## WEDNESDAY

**Sewing & Quilting Class** - Mamie Shotwell *(All English levels welcome)*

Learn sewing techniques and basic quilting skills. We will make several projects during the year. You will also have time to work on your own projects with help from experienced sewers. Please know the basics of using a sewing machine, which we have for you to use in class. This class is for those who already have basic sewing skills. You should know how to sew a seam, thread a needle, and cut fabric. You will have an opportunity to build on the skills you already know.

10:00 - 11:30 a.m. *(No Childcare available for this class.)*

**Survival (A and B)** - *(English level 2-4)*

Learn practical skills for survival in America. Talk about topics like doctors, shopping, travel, traffic laws, American holidays and more. Practice important conversations and phrases to feel comfortable communicating and living in America.

**Survival (A)** - 10:00 - 11:30 a.m.

**Survival (B)** - 1:00-2:30 p.m.

## THURSDAY

### **Toddler & Me (A)** Jan Roth-Heikkinen *(All English levels welcome)*

Toddler and Me class is a time for your child to learn and play with other children. It is also a great opportunity for you to talk with other moms about parenting. Toys and table activities are provided for everyone to share. There will be a circle time with stories, songs, and fun activities.

10:15-11:00 a.m.

### **Bible Class (A)** - Rebecca Masters *(All English levels welcome)*

Easy English discussion about the Bible and what Christians believe. Everyone welcome to join this class. Enjoy a relaxed, comfortable atmosphere with time for questions and answers. It's a good class if you've never studied the Bible before.

10:00-11:30 a.m. *(There is no charge for childcare for Bible Class.)*

### **Bible Class (B)** – Rebecca Masters *(English Level 3-5)*

Discussion about the Bible and what Christians believe. Everyone interested is welcome to join this class. Enjoy a relaxed comfortable atmosphere with time for questions. It is a good class to explore the Bible.

1:00 – 2:30p.m. *(There is no charge for childcare for Bible Class.)*

### **Women's Chorus** - Keiko Goto *(All English levels welcome)* **JANUARY 26<sup>th</sup> START**

Enjoy singing together learning new music. NOTE: Keiko has been leading this class for 25 years and will retire in June of 2023)

1:00-3:00 p.m.

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## FRIDAY

### **Baby & Me** – *(All English levels welcome)*

Age appropriate toys and activities for babies & moms. Enjoy play time with your baby and conversation with other moms. Learn traditional American songs with exciting actions to entertain and sing to your baby.

10:15-11:00 a.m. *(No Childcare available for this class.)*

### **Toddler & Me (B)** Jan Roth-Heikkinen *(All English levels welcome)*

Toddler and Me class is a time for your child to learn and play with other children. It is also a great opportunity for you to talk with other moms about parenting. Toys and table activities are provided for everyone to share. There will be a circle time with stories, songs, and fun activities.

10:15-11:00 a.m. *(No Childcare available for this class.)*

### **American Cooking** – Jan Roth-Heikkinen *(All English levels welcome)*

Learn easy recipes you can make at home. Help prepare food during the class. Enjoy a relaxed "girlfriends in the kitchen" atmosphere. You will impress your family and friends with your American cooking.

1:30 – 3:00 p.m. 1<sup>st</sup> & 3<sup>rd</sup> Fridays *(No Childcare available for this class.)*

For people living in Michigan, classes are in person.

We also offer online Zoom classes for those who live in another state or another country. Please see:

**OUT OF STATE/COUNTRY CLASS REGISTRATION**