

International Friends Class Schedule for 2021-2022 School Year

International Friends
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MONDAY

Moms and Tots (A and B) - Jan Roth-Heikkinen, Certified Preschool Teacher. *(All English levels welcome)*
Designed for American and International children and their moms. Do craft activities, sing songs, read books, and go on a few field trips. Easy English.

Mom's & Tot's (A) - 10:00 - 11:30 a.m.

Beginning English (A and B) - Rebecca Masters *(English level 1-2)*
Practice basic English skills (pronunciation, vocabulary, listening) and learn about American customs to feel more comfortable in America.

Beginning English (A) - 10:00 - 11:30 a.m.

Beginning English (B) - 1:00-2:30 p.m.

TUESDAY

Conversation (A and B) - Jan Roth-Heikkinen *(English level 3-5)*
Speak in small groups with 2-3 Americans at each table. Conversations about holidays, traditions, American life...

Conversation (A) - 10:00-11:30 a.m.

Conversation (B) - 1:00-2:30 p.m.

Crafting fun with English - Marlika Davis & Samatha Topel *(All English levels welcome)*
A class where you can TRY something new, MAKE something new and Learn English at the same time. Come and learn paper crafting, canvas painting, home decor and much more.
6:45-8:15 p.m. No Childcare available for this class.

WEDNESDAY

Sewing & Quilting Class - Mamie Shotwell *(All English levels welcome)*
Learn sewing techniques and basic quilting skills. We will make several projects during the year. You will also have time to work on your own projects with help from experienced sewers. Please know the basics of using a sewing machine, which we have for you to use in class. This class is for those who already have basic sewing skills. You should know how to sew a seam, thread a needle, and cut fabric. You will have an opportunity to build on the skills you already know.
10:00 - 11:30 a.m.

Survival (A, B and C) - (English level 2-4)
Learn practical skills for survival in America. Talk about topics like doctors, shopping, travel, traffic laws, American holidays and more. Practice important conversations and phrases to feel comfortable communicating and living in America.

Survival (A) - 10:00 - 11:30 a.m.

Survival (B) - 1:00-2:30 p.m.

Survival (C) (ONLINE) - 1:00-2:30 pm

(Zoom platform must have a laptop or tablet that supports a multi-person meeting)

WEDNESDAY

Chit Chat Club (ONLINE) – Amy Roe (*English levels 3-5*)

Enjoy a fun, casual class chatting with other women about topics decided by the group. Meet new friends on Zoom and practice your English. **Women living domestically or internationally can join.**

9:30-11:00 a.m.

Using Zoom platform (*must have a laptop or tablet that supports a multi-person meeting*)

THURSDAY

Toddler & Me (A) Jan Roth-Heikkinen (*All English levels welcome*)

Toddler and Me class is a time for your child to learn and play with other children. It is also a great opportunity for you to talk with other moms about parenting. Toys and table activities are provided for everyone to share. There will be a circle time with stories, songs, and fun activities.

10:15-11:00 a.m.

Bible Class (A) - Rebecca Masters (*All English levels welcome*)

Easy English discussion about the Bible and what Christians believe. Everyone welcome to join this class. Enjoy a relaxed, comfortable atmosphere with time for questions and answers. It's a good class if you've never studied the Bible before.

10:00-11:30 a.m.

Bible Class (B) – Rebecca Masters (*English Level 3-5*)

Discussion about the Bible and what Christians believe. Everyone interested is welcome to join this class. Enjoy a relaxed comfortable atmosphere with time for questions. It is a good class to explore the Bible.

1:00 – 2:30p.m.

Women's Chorus - Keiko Goto (*All English levels welcome*)

American and International women will sing together, classic and popular songs using several languages.

1:00-3:00 p.m.

FRIDAY

Baby & Me – (*All English levels welcome*)

Age appropriate toys and activities for babies & moms. Enjoy play time with your baby and conversation with other moms. Learn traditional American songs with exciting actions to entertain and sing to your baby.

10:15-11:00 a.m.

Toddler & Me (B) Jan Roth-Heikkinen (*All English levels welcome*)

Toddler and Me class is a time for your child to learn and play with other children. It is also a great opportunity for you to talk with other moms about parenting. Toys and table activities are provided for everyone to share. There will be a circle time with stories, songs, and fun activities.

10:15-11:00 a.m.

American Cooking – Jan Roth-Heikkinen (*All English levels welcome*)

Learn easy recipes you can make at home. Help prepare food during the class. Enjoy a relaxed "girlfriends in the kitchen" atmosphere. You will impress your family and friends with your American cooking. Because of food serving recommendations due to COVID, samples of the food will be sent home to eat and enjoy.

1:30 – 3:00 p.m. 1st & 3rd Fridays **No Childcare available for this class.**